

The leading provider of bespoke private care









Registered with the Care Quality Commission.

Chorley • Leyland • Parbold • Standish

www.independentlivinglancashire.co.uk

T: 01257 696 050

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## **Independent Living**

was founded on the basis of helping people live independently in their own home, giving them the freedom they want whilst providing the best possible care for them.

We're friendly, local and well established with a strong track record in providing care in peoples own homes along with, companionship and housekeeping.







#### **About Us**

Based in Chorley, if you'd ever like to pop in, you're always welcome to visit our premises during office hours. We provide high quality bespoke care, companionship and support to help people live independently in their own home, whether they pay privately or have a personalised budget.

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### Why Choose Us?

- We match our carers with your needs
- Wide range of services, tailored to you
- Flexible Care
- We only employ people you will feel comfortable having in your home
- Staff are trained in Parkinson's and memory loss care
- No complex contracts
- Male & female staff
- No time travel deductions
- Regulated by the Care
   Quality Commission



#### **Personal Home Care**

- Bathing, dressing, grooming etc.
- Making meals & drinks
- Out of hospital
- Holiday and respite care
- Overnight care/24 hour care
- Memory loss/Dementia/ Alzheimer's support
- Help with Parkinson's or after a stroke
- Cancer Care
- Medication prompting
- Help with rehabilitation exercises
- Non-medical end of life support

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### **Travel & Transport**

We can take you to:

- Botany Bay
- Chorley Market
- Southport
- Blackpool
- Heskin Hall
- Golden Days Garden Centre
- Derby House
- Cedar Farm
- Boundary Mill
- Local pubs and restaurants
- Church services
- Regional hospitals such as the Royal Preston and Liverpool Womens, and routine appointments: opticians, hearing clinic, hairdressers, dentist, doctors

If there is anywhere else you would like to visit, just let us know!



## Housekeeping

- Cleaning, dusting, vacuuming and removing rubbish
- Washing & Ironing
- Making beds
- Shopping

- Help with appointments, diaries, correspondence and deliveries
- Looking after pets
   Anything else you may require,
   please get in touch.

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#### Companionship

- Provide company at home
- Help with hobbies and interests
- Accompany outside the home

As people live longer, they may not know as many people in their community, they become less able to get out and about, and family may not live locally.

We can provide people with companionship, whether it be as simple as visiting a loved one for a drink and a chat, or having a meal with them.



Our care staff are fully insured and can take clients out for a drive, to go shopping, dining, go to sports events and other places of interest.

#### **Parkinson's Support**

We know that someone living with Parkinsons may have difficulty speaking, swallowing food, sleeping and moving around and some with this illness often freeze whilst walking. In many cases medication must be taken promptly and common side effects can be hallucinations and short term confusion. We understand that a person's wellbeing can fluctuate not only on a day to day basis, but also throughout the day.

Over the last 4 years we have worked extensively with people experiencing Parkinsons and developed a specialism in this area, with our staff trained by the Parkinsons Society to deal with all eventualities. For support with Parkinsons please call us 01257 696 050.

#### **Memory Loss Support**

We are all living longer, and as a result we are seeing a growth of conditions such as short-term memory loss.

We can visit someone to make sure they are keeping well and safe, at any time. We want to remove some of the worry from a relative who cannot always be there and if you want a loved one to remain in their own home, we can provide overnight or 24 hour care. We can provide stimulating activities, such as taking a loved one out and about shopping, completing puzzles or involving them in cooking.

In some cases, a person with memory loss may become confused or emotional by not fully understanding their condition, we can reassure them and provide emotional support.

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#### **Out and About**

Not all support relies staying at home. Whether you have an appointment to get to or fancy a leisurely day out, such as the visiting the places shown above, we are happy to take you there!

Areas adjoining those listed below are available on request.



Whittle-le-Woods **Appley Bridge Euxton** Adington Abbey Village Bretherton Astley Village Wigan Brinscall Standish Heapy Buckshaw Village Central Chorley Mawdesley Collingwood Ley Clayton-le Woods
Charnock Richard

Weight Wrightington Shevington West Lancashire **Burscough Heath Charnock** Ulnes Walton Duxbury Heskin
Newburgh Coppull Croston
Dalton Hilldale
Parbold Childen



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